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Finding Your Path

Many artists can find it hard knowing how to make their dreams come true . Personally I have no problem dreaming about what I want, the tough part is charting a path towards that goal.

This workbook is a step by step process to help you write down your dreams while finding the paths to make it happen. No one can be totally happy until they are living the life they choose. Happiness is living the life you were created for.

Studio (optional)



inside a recording studio (optional)

A good friend of mine once said when writing about his music... “Music does that too me. It makes me feel alive. I have always been an artist, as any true artist has. It is not something that you become, its there from the beginning, in your blood.” The important thing is to take that sort of emotion and make a map to see your art flourish.

For this workbook to be helpful, you must first and foremost, be brutally honest with your answers. If you do not, then your attempt can only be half realized. You will become more unfulfilled until you give up on your dreams. There are no right or wrong answers. Simply it is you embracing what you really want from your art. So please, be as honest as you can right now and answer the questions with your heart.

Hawthorne Heights (optional)



Your dream could be to perform, Hawthorne Heights said they almost gave it up, till years ago when it just skyrocketed. To "make it" you have to dream.
(optional)

This workbook is also good to use over and over again during your art career. You can find by using the workbook periodically you can refine your goals and desires. This will help you keep your art fresh and moving towards your completion as an artist.

So here we are, beginning to journey upon the road you will take to see your dream(s) come true. Ready? Let's do it!

Understanding where you want to go, you need to define what you want to do or where you want to go. Why do you desire to do this? What motivates you to create? Where do you want your art to end up?

Let us first define your art as you see it now...

Please answer the following questions.

Question: What do you want to achieve with your art, music, talent?

Question: How would you define your art, music, and or talent?

Question: What do you like doing best?

Question: Is there something not particularly enjoyable but you feel you must do it?

Question: What is the best thing/worst thing that could happen?

Role Models

Most of us began our journey in art by seeing or hearing a particular artist. Their presentation moved us emotionally affecting us still to this day. For me, the first time I heard Johnny Cash strum his guitar and sing, it hit a note deep within my heart. Then of course KISS came along with the fire, glamour and loud music that was exciting. Then I met Harry Chapin and his music was different, it had a philosophical ring to it. This was something I gravitated towards. Using art to express a message of hope, love and growth.

Peter Yarrow



author
meeting Peter
Yarrow, of
Peter Paul and
Mary.

Looking back over some twenty plus years of my life, I see a trail of influences that have molded, shaped or motivated me to create along the same lines of art. Now while it is important to have influences, a true artist takes an idea, song, style, etc... and then makes it into their own. We don't want to mimic, we want to evolve our influences into our own unique voice. We want to become their equals not their pupils.

Merle



author meeting long time music idol Merle Haggard

Knowing who motivates you, that made you choose a life of artistry, helps you to understand what your art message is. Now we all can't be Jimmy Page, or Jimi Hendrix, but we all have something to offer. Our individual

contributions bring a completeness to the art community. Our voice helps shape, mold, and move art along its path of growth.

Embrace the road you want to take with your art. You must look at those influences of your art to determine what it is about them that moves you first. In doing this you begin to see a pattern or message that you can blend with your own art. You are beginning to identify what your core art message is. Yes, it does change throughout your career, but first you must know what your trying to accomplish. So lets do that.

Killers



author with Brandon Flowers of the Killers

Question: What influences from other artists do you have. Why do you think you admire them so? What do they do for you emotionally.

Question: What of these attributes do you have?

Question: Is there a way to obtain a measure of the talents, aptitude, and attributes you don't have?

Question: What order would you take in obtaining these attributes and what steps would you take to get there?

Understanding Your Goals

Many artists feel they can't voice their true dreams. Not talking about ego, but the fear artists have in saying what they really want to do. In the book *The Artist Way*, Julia Cameron helps that inner voice become more vocal. For years we have denied or pushed away the desire to create. As artists, our inner artist is the voice of our craft.

Finding Your Way



Forgiven Promises performing live 2 months after completing this course.

In this part of the workbook you will need to go within and write what you desire. This is your opportunity to reach for the stars. Speak from your heart. Say what you really desire to happen with your art. No one is looking

over your shoulder to say you can't. Don't hesitate to speak openly. This is your art, this is your opportunity. Say what you really feel you want to achieve.

Looking back on my life, many times I felt ashamed to voice my dreams for my art, afraid that I would be ridiculed. I felt I had to justify my feelings to my peers. My breakthrough was when I finally saw my art as mine. I did not have to justify it. I only had to embrace it and move towards my dream. Performing In Front of 2000 people



Moving towards my own dream allowed me to see it happen

Once I did I found opportunities opening up before me to facilitate this dream coming true. The universal truth is when you call out for help, someone or something will appear to give you this answer. You will find

this to be true when you move past your fear and move toward actualization of your dreams.

So now is your time to dream, to reach for the stars, to give voice to your inner artist. On the next few pages write your true desires for your art. This will help you see exactly what it is you want to do. For a road map to be effective, you must know the destination you truly desire.

Living The Dream



You can live your dreams!

Question: What achievements do you seek with your art/talent/musicianship?

Question: Why do you think these achievements are so important to you?

Question: Who could be a mentor to you in realizing these achievements?

Question: How do you plan to stay disciplined to achieve this?

Charting Your Course

We all know instinctively what to do. As we grew up we have silenced this inner child (voice) out of fear or out of frustration. As an artist we got to let it (inner voice) out to speak. In our inner safety areas we can inwardly talk of our desires with no fear. For now, you must take that voice and write what you want, desire, and dream for your art. Give it a voice...don't be shy, just let it flow. After all, if you only say you want to drive to Tulsa, but really you wanted to drive to Chicago, well, if you don't voice it, you end up being where you don't want to be.



Once we have voiced what we want to do with our art, instinctively we have ideas on how to reach our destination. For example, if you desire to play your music for a audiences you have some concepts of how to do this. First you will want to practice, then you might develop a set list, followed with bookings so you can perform in clubs.

Mike Lee of Head Room



Years of hard work paid off for Head Room

This part of the workbook will be useful as you lay the foundation for your dreams to come true. You will want to envision what steps you must take. This might include instruction, education, reading, networking, or many other options. The important thing is to take what you did in the previous

lesson and write out what steps you need to take to see your desires come true.

Emit



Seeing your desires come true is a rewarding
experience

If you have taken the time to really voice your true inner desire for your art, then this part will be easier to accomplish. Enjoy as you brainstorm the steps you will need to see your dream come alive.

Definitions:

Inner safety areas: the place where trust is, where to act upon knowledge without hesitation.

Inner voice: the internal conversation we hear inside ourselves leading us to our art.

Inner negativity: The internal dialogue that says no, you can't do this, what were you thinking.

Question: How will you achieve this? What steps will you take to see this become reality in your art?

Question: When you think of these what is the first inner thought that comes up in your mind regarding this?

Question: Is this a valid thought?

Question: Who can help you practice, train, and participate in achieving your goals?

Question: Who can you collaborate with?

Question: What skills or education do you need to add

Defining Your Voice

Recently I spent an evening with another artist listening as he described his art and what he wanted to accomplish. He had a fire within his eyes and determination in his voice as he spoke. I began to see a pattern or a message he wanted to express through his art. For most of us, we can't see the forest for the trees. By voicing our inner dreams openly and honestly, we begin to see where we really want to take our art. This helps identify the mechanics involved with getting there.

Morning Side Drive



For MSD, they tour constantly to realize their dreams of getting known

When we describe our art, we get a sense of the depth of our desire. Moving forward with how we want audiences to perceive our art gives us the voice we seek. Understanding what we want to say and how to say it is defining our voice. We each have our own unique way of presenting our art. Many themes have been said many different ways, but each artist has a different perspective on the subject. If we know what we see as our art and how we want audiences to receive it then it gives us a clearer understanding of how to present our voice.

Gooding



Gooding practiced daily for 10 years to be able to play like he does. It has paid off, his work is on "Matrix: Revisited."

Jimi Hendrix played Bob Dylan's All Along the Watchtower differently than how it was recorded by Dylan. However, Dylan loved Jimi's perspective and choose to play it that way instead of his original version. While the song itself is a masterpiece the interpretation in playing by Jimi brought the piece to another level. Jimi had a unique voice with his playing style. This was his contribution to art. Yes, a chord or note is the same no matter how you hear it, however, how you play it makes it more artful. For musicians most of the time they hear a sound in their heads then begin to find ways to bring that sound out through their instruments. This sound is their voice.

For writers it is the choice of words or the way they lay those words out in a sentence structure. In performance artists it is how they present it based upon their artistic interpretations.

This part of the workbook is intended for you to reach inside your soul again and write how you interpret your voice. You will also speak of how you desire your audience to perceive your art. Each part of this process you are examining the structure of your art. You are defining, refining and making your dreams more concise. You are making your art a more solid piece of understanding for yourself.

Aiden



Question: How would you describe your art? How do you perceive it, and how do you want your audience to perceive it?

Question: How do you perceive it as unique and different from others?

Question: Can you identify an overriding message, sentiment, or morals?

Question: How do you want your audience to feel after viewing your art?

Sacrificing for Your Dreams

Sometimes we have to ask for help for our dreams to come true. Once with a band, I knew I wanted to sing, but did not know how. So I had to be a rhythm guitar player while this other guy sang. By sacrificing my ultimate goal temporarily to be in a band I was able to learn what I needed. Sometimes we have to take second seat or ride in the back while we gain the experience/knowledge we need to see our own personal dream come true.



I spoke recently with a friend who wanted to be in a band. What finally came out is that he really sought to form his own band to do things his way. He had a certain sound, direction and ambition. He did not need to take a second seat, he believed so strongly in what he wanted with his art, that I told him to do it on his own. For him sacrificing to be in a group would only rob him of what he wanted personally with his art. Now for him he was uniquely talented to do this. I have seen others that did not have the talent to do it themselves, or not quite yet. He was gifted with a natural talent to accomplish this undertaking.

Joshua McBride Petty



One of the new Indie artists, who does things his way, and it works

for him.

So we must understand this balance of seeking our own goals verses joining forces. We have to be honest with our own abilities and what we can do on our own verses joining forces with others to see a dream come true. It all boils down to what we want, how talented we are to get there, and what we will lose if do or don't join with others. These answers are never easy, but they are personal, but never right or wrong. They simply allow us to know which path to take for our art. When we spend time with other creative persons in a mutually agreed upon form, we tend to grow into the dream we desire.

Even for performance or spoken word artists in the beginning joining forces with someone will give you the mechanics needed to see your personal dream come true. The important thing is not to get lost within the group but ultimately use what you learn to do your own thing.

So if you need to join forces, what are you willing to sacrifice to do this? If we never fully understand our willingness to sacrifice, then what can happen is that we can get lost within a group goal. Never to see our own personal dreams come true. Now being part of a group is not bad, for some being part of a group is their talent. So I am not saying not to be part of a group, what I am saying is understand the trade-off factor first. If you know your factors then you can structure your time in a group more effectively. To know and understand these factors will give us the necessary information to make the appropriate choice. When we don't know all the factors then we can not make an evaluated decision.

River City Ransom



After selecting a secondary goal that is more easily obtainable through a group (like minded) can be the best way to move forward to the ultimate goal. A win-win situation.

Question: What are you willing to sacrifice with your personal goals to work/collaborate with a group? What will you gain?

Question: How will this help you reach your ultimate goal?

Finding Our Missing Parts

I first learned to play the guitar in my pre-teens. When I became a teenager I wanted to be in a band. I just wanted to be in a band. I had no direction, no goals or no understanding. Three bands and many different players later I finally found I knew what I was looking for. I did not have clear goals or direction until I had put myself through this process of seeking. Communication has to be precise so others know where you are heading with your art.



When we don't communicate openly and effectively with others we tend to get lost in seeking what we truly desire. If we can first say exactly what we desire, then we weed through the chaff and get right to the heart of things.

Take this example....Lets say a person has a desire to write and perform complex rhythm structures based upon a combination of jazz and Creole music. Now if he just said he was looking for a bass player, he might find

countless of potential members. Then after a few sessions find that they aren't quite the mix he was looking for. Several months later, and several members later he finds what he want. However, this has taken a toll on him and delayed his dream.

If he would have stated or known how to voice his dream to another he might have saved time. He should have started asking for a bass player who fully understands music composition. One who has a level playing skill where he can improvise within a structure of musical knowledge. This would have sorted the potential bass players down to a handful of qualified persons.

So this part of the workbook is for you to write out what you seek in collaboration with others. Knowing what you seek, and how it applies to your ultimate goal will help you communicate the right message to the right person. Time is important. Our dreams are at stake so to speak. Communicating what you really need helps in finding the right person more effectively.

Monster Cloud



If we just flounder with ambiguous statements then our art becomes very ambiguous. Being able to convey the right message within the framework of how we want to construct our art will benefit us. It will also benefit the ones we seek to collaborate with. It is all about proper communication.

Collaboration is about jointly agreeing upon a desired outcome with each person contributing to that end goal. Each person has a vital role to play, each brings their own creativeness to the process. The end result is a finished product that you both contributed to.

Question: How would you describe to a potential collaborator (member) what you are looking for?

Question: Think about your strengths and weaknesses. What talents will complete you?

Question: What skills and attributes will make you more complete?
Diversified? Concentrated?

Question: How many leading men are in a play?

Question: How will you handle directional changes or differences of goals or paths with a collaborator?

Question: What is the ultimate goal for you to collaborate with another?

Get Real and Be Honest

By now you should have a solid understanding of what you seek with your art. You know what your art is, how you plan to get there, and possibly how you plan to join forces to see it come true. Now the dangerous thing is, at times we can be self destructive with our art and ourselves. We can be our own worse enemies. Knowing this and really taking time in being honest with our shortcomings, will help us move past our deficiencies .

My personal demons can be time management. I tend to stay too busy and agree to do extra projects that limit the time I want with my own art. Knowing this, and keeping it on the front of my mind, I know when I need to cut back. When I want to do more with my music and singing, I know I must cut back on my habits which may limit the capabilities I know I have. Money can also be an issue. Knowing what tools I need to buy means I will have to sacrifice something within my budget to buy my tools. If I don't take these precautions then I can be left with no tools or lacking of my basic needs if I misspent my budget.

Being aware of our shortcomings or what stands in our way to our dreams can lead us to the right steps to be more disciplined. Other times it can be as simple as knowing it is not our habits or shortcomings, but rather the tools or equipment we need is standing in the way. If this is the case, then we only need to list the things we need to see our art develop.

Understanding what stands in the way to our success only makes step-planning easier in seeing our dreams come true. Being honest with ourselves helps us understand the focus we need.

By coming this far in the workbook, there is no reason to allow our self to keep us from realizing our dreams. So be honest in this part and list all the things in the way of you seeing your dreams come true. Then we can make a list and begin to move past those things. Each one we knock down or out of the way only brings us closer to our ultimate destination.

A man I worked with for a short while, his shortcomings was his writing. He had the talent, he had the equipment. He just did not have the body of work he needed to see his dream come true. We decided he needed to write

two songs a week. Sure, the first few weeks were not of the quality he sought, but his effort in doing this, he found he could write. In time, a short three months later he had the body of work to use for his art. Knowing what stood in his way only made him see what was really needed.

You hear stories all of the time of writers or performers who do research for their craft on the internet or by reading books. But how much writing, performing, do they do with that knowledge? There comes a time to put into place the mechanisms to get your art out of your house and into the public arena. What is holding you back?

Question: What do you think is holding you back right now in reaching your goals?

Question: Finances? Time? Relationships? Habits? Procrastination?

Question: What steps can you begin to take to see your art be seen by more people?

Question: Where can you begin to research the venues that are indicative of your art?

Question: Do you have the press kit or materials together for submitting requests to show?

Making Your Road Map

Well by now, you have better defined your dreams and have them organized in a concise way. Now you should be able to see what steps must be taken.

Here I want you to list those steps in a numerical manner. The order does not matter. This should be a freestyle writing experience. Just start listing them. Ordering them in sequence will happen later. For now just list them all.

For example I want and desire to make a national tour someday with my poetry. That is obtainable but I can't do that now. While I know this is a dream, I can make a list of how to see it become reality.



Write a body of poems in order to be able to perform a 30 minute set.

Practice and memorize the poems so they flow naturally.

Know what my segue ways will be in between each poem.

Practice, Practice, Practice.

Find the venues and book the show.

Make sure I have the means to pay my way and be paid what I need.

Those are just some aspects of a list. Each of them are realistic, however, if I had listed that I wanted to do this in one month then I doubt if it would have been realistic. Being realistic keeps us as an artist from having disappointments or setbacks. This can be devastating to our dreams, hopes and desires with our art.

Be realistic when you make your list of steps. This will give you the game plan you need. Having your dream come to fruition is your goal. Being realistic with your plan is essential.

This workbook and specifically this exercise can be compared to a ladder. Each step you define moves you further up the ladder towards your goal. Each step leads to the next. Each step you do brings you closer towards your goal.

Winter Circle



in less than a year, Winter Circle, appeared on MTV, and opened for Hawthorne Heights. Dreams do come true.

Question: What steps will you take to reach those goals? Are they realistic steps?

Question: What is your reason for a tour, show, performance?

Question: What body of work do you have completed to reach your goals?

Question: Have you completed a written segue ways between each piece of work?

Question: How many hours out of the week have you practiced?

Question: Does your set list flow?

Question: Have you found the venues to perform?

Question: Have you made sure you have the means to pay your way?

What are You Looking For?

Each artist is different with their goals, determination and their ambition. Again there are no right or wrong plan or answers here. As the artist it is your personal decision how far and to what level you take your dream.

Austin Reed with author



Austin has worked with the author on several musical projects. Though his focus has changed, Austin still works to develop his dream with mentorship from the author.

There are artists I know who make their only living by their art. I have also known artists to use their vacation time to develop further. While others are happy with moving towards their goals year by year.

Personally, for my own reasons, I like having a stable job with benefits. I make time for my art during the evenings and weekends. This works best for me, and at the same time allows me to live the life I choose. It is not that I am afraid of doing my art full time, it just is not my desire right now.

I do know some personal friends who struggle with the balance of paying bills and doing their art. While others simply quit their jobs and focus totally upon their art as their sole means of existence. Again, no one is right or wrong, simply, it is a personal choice as to what you want for your art. There is nothing wrong with living totally upon the creation and sale of your art. Nor is there anything wrong with having an 8-5 job and doing your art on the side. The choice is yours.

This section is a chance for you to vocalize what you would be happy with. When you decide what the balance of work and art will be will only help define your steps. If you simply dabble here and there, you will become frustrated as an artist. This frustration can lead to diminishing your dreams. You don't want to do this.

You can find the balance you need to see your dream come true. But until you figure out what that balance is, your dreams of producing meaningful art dangles in the balance. So in this exercise, probe your soul and honestly write out your answers to this question. Once you do, you will find making the choices for your game plan to be more formalized.

Good luck and enjoy finding the balance you seek with your art.

Question: What would you be satisfied with in regards to your life and what you want to achieve in art?

Question: How can you devise a plan to develop art (ultimate goal) and move it into a form of stability (making a living)?

Question: Are any of these statements/goals unusual expectations?

Making The Time

Making the time for the creation of your art is the most challenging aspect of your career. Or so it has been for me. Time can escape us as we struggle with social, business and personal time management. We can get busy with tasks or allowing others to usurp our time leaving us to see our own art time dwindle. We have to prioritize our time so we can maximize the time in the goals for our art.

You have now solidly built the foundation for your art and where you want to take it. You know the steps you will need to take and how you will get there. Now comes the fun time.

You will need to look at each step, and plan out a weekly/daily schedule that will allow you to practice. You might find that by waking up 45-30 minutes earlier will give you a 1/2 hour to donate more time to a project/step. Or by planning your night time responsibilities better you can squeeze in more time for your art. Again this choice and how much time you donate for time management is your choice. Your goals and time management should mesh with your ultimate dreams. What I am talking about here is a balance with a realistic time management schedule for the goals you have set.

Personally I am an artist with many different types of art. I am a photographer, graphic artist, writer and spoken word performer. As well I serve on several art committees that work within our local community to improve the art opportunities for artists. As well my personal spiritual development is something I choose to include in my schedule. What works for me is determining what I want to accomplish each quarter and work towards that with my art goals.

While this works for me and my plans, another artist might want to see a more rapid completion for their dreams. Their time management would be different than mine or any other artist. We are not in competition here to finish before another artist. Rather this is meant to find the balance we need to see our personal art flourish as we choose. But we do need to make time for this. If we don't, then our dreams dangle and fade away. Most of our unhappiness in life is due to our unrealized dreams. This workbook and the

steps outlined are here so we can realize our true happiness with our art expressions.

Plan well, as this is your art!

Question: How many hours of practice a week will you need for your dream to be realized? How will you dedicate yourself to do this?

Question: What types of projects do you want to do?

Question: How much time do you want to commit to new work?

Question: List a weekly schedule that will include the hours you devote to editing, practicing, submitting works for review, researching, and promoting.

Six Months Goals

We are down to the home stretch in our workbook. We now start to outline the place we want to be in six months with our art.

The young man I was assisting once with music had decided he wanted to be performing live on a weekly basis in six months. His step by step plan included four hours of practice a day, writing two songs a week, and perfecting his stage presence. So part of his six months goal was by the end of six months to be performing once a week at a venue representative for his art market. He wanted to have 12 songs prepared for recording and a web site developed promoting his music. His six month goals helped him choose a game plan for a daily and weekly schedule. This also gave him a goal to work towards.

LTD of Sho-Nuff



Your job here is to take your steps, goals, and dreams, and make a six month game plan. Where do you want to be in six months from today with your art? Be realistic but don't lessen this by not having motivated goals. The more we reach with our abilities the stronger our art will become. Stretch those art muscles!

This might take some time, but quickly list what your dreams would be for yourself and your art in six months. You can modify or edit them at any time, but it is best to have certain obtainable goals set.

As with all exercises with this workbook, you must be realistic and honest with your abilities and time. So choose well, but reach for the dream you desire. No one else but you can do this.

Question: Where would you like to be in 6 months with your art?

Question: How will you measure your progress?

Question: Can you recruit a comrade to help in your accountability?

One Year to Five Year Goals

Your job here is to take your steps, goals, and dreams, and make a one year game plan. Where do you want to be in one year from today with your art? Be realistic but don't lessen this by not having motivated goals. The more we reach with our abilities the stronger our art will become.

This might take some time, but quickly list what your dreams would be for yourself and your art in a year You can modify or edit them at any time, but it is best to have certain obtainable goals set.



As with all exercises with this workbook, you must be realistic and honest with your abilities and time. So choose well, but reach for the dream you desire. No one else but you can do this.

Again stretch yourself to improve past the six month goals you previously set. You should move farther along and past your expectations of your six

month goals. This will assist you to refine your step by step process.

Dreams can become reality, it just takes time, determination and work.

Doug, of KINGS X, with author



Question: Where would you like to be in a year with your art?

Question: Where would you like to be in two years with your art?

Question: Where would you like to be in three years with your art?

Question: Where would you like to be in four years with your art?

Question: Where would you like to be in five years with your art?

Asking for Help

Any artist, at times, has difficulties with the management (left brain) activities for their art. Some artists are able to handle all aspects of their art management. Others will need others to assist them so they can concentrate on their creative energy. Only you can decide what type of artist you are and how much you are capable of doing without sacrificing your creative energy.

I am very versatile however there are things I know others can do more effective than doing them myself. I have no problem assisting others with writing their marketing or press releases, but when it comes to my own, I need another journalist do this for me. I have found too that by having another write my marketing materials for me they can come from a totally different perspective. It is refreshing and honest and not self promotion. It is realistic.

There are hundreds of books in print that will assist any independent artists promote, manage and book their own shows. While this is obtainable, one has to ask what price is paid for this sacrifice. Your art and how it is represented to the public is your business. It is your livelihood. However, you must determine what you are capable of, and what you are willing to sacrifice to do it yourself and still remain in control of your creative energy.

For other artists the need for a personal manager, booking agent, promoter never comes into play with their art. However, it is best to determine early on what you are willing to do yourself, or have your friends, family do and what you can hire out.

Now this may seem silly to you, but realistically, if you have big dreams, you need to plan for those dreams. As well, I have surrounded myself with many creative people. When I need another graphic artist, journalist, designer, or writer I have the opportunity to network within my circle of friends. Having this pool of creative capable friends is necessary as I can't do everything myself.

This exercise is the last one for completion for your game plan. By now you have isolated what your goals are and the steps you will take to get there.

You have determined how much time you will need and what obstacles you must overcome for your dreams to be realized.

Now take all these plans and begin to implement them. Yes, you can redefine, edit or change any step or goal as you move closer towards your dream. This is normal and one should not feel they are cheating by dropping a step or two. We evolve and change daily. Your art does to. Using this process you should begin to see your art flourish. Your dreams can come true with good planning. Good luck to you on your art journey.

Peace and blessings to you as you move towards your dreams.

Question: What would you ask from another to assist you in realizing your dream?

Question: What can you create and maintain as a list of resources to help you?

Question: How do you plan to keep your self inspired? Such as art, music, books, nature, fellowship with friends/family.

Question: Will you begin a weekly session of “artist dates” to keep you inspired?